

Parallel Sessions Summary
Day One: Tuesday 11th May 2010

09.30 – 12.30	<p>Optional Workshop 1 Comprehensive evaluation and quality monitoring of Self-Management support interventions: the heiQ system.</p> <p>Richard Osborne, Deakin University, Melbourne</p>	<p>Optional Workshop 2 Using the WISE approach to support self-management in primary care</p> <p>Anne Kennedy, University of Manchester</p>	<p>Optional Workshop 3 Self Management programme design and delivery – ensuring quality using the Quality Self-management Assessment Framework (Q-SAF)</p> <p>Tanya Packer, Curtin Health Innovation Research Institute, Australia and Dalhousie University, Canada</p>	<p>Optional Workshop 4 Co-producing health approach to supporting Self Management in consultations</p> <p>Craig White, NHS Ayrshire and Arran</p>	<p>Optional Workshop 5 Stories and experiences of health on the internet: a critical examination</p> <p>Sue Ziebland, Health Experiences Research Group, University of Oxford</p>
14.45 – 15.25	<p>Parallel Session 2a Self Management programmes new and developing</p>	<p>Parallel Session 2b Self Management medication and outcomes</p>	<p>Parallel Session 2c Content of Self Management programmes</p>	<p>Parallel Session 2d Engaging health care providers</p>	
14.45	<p>Tu.01.01 Delivery of Internet-based self-management courses for people with long-term conditions Presenter: Ian McNeil</p>	<p>Tu.02.01 Concordance of Self-Reported and Objectively Measured Medication Adherence in Heart Failure: Impact on Outcomes Presenter: Debra Moser</p>	<p>Tu.03.01 The effectiveness of different components in self-management courses for chronic musculoskeletal pain Presenter: Kate Homer</p>	<p>Tu.04.01 AsSET (NHS Lothian, Astley Ainslie PSychological Skills and Education Training) Presenter: Lorna Torrens</p>	
15.10	<p>Tu.01.02 PDS Scotland – Sleep Self Management Project Presenter: Anna Lynall</p>	<p>Tu.02.02 Medication Adherence, Marital Status and Outcomes in Heart Failure Presenter: Martha Biddle</p>	<p>Tu.03.02 Outcome determinants for those with persistent musculoskeletal pain on self management programmes – a qualitative study Presenter: Dawn Carnes</p>	<p>Tu.04.02 Engaging Health Care Providers to Recommend Community-based Self-management Programs: Results from a Survey of Primary Care Practices in the Unites States Presenter: Teresa Brady</p>	
15.25	<p>Afternoon tea</p>				
15.40 – 16.45	<p>Parallel Session 3a Self Management strategies</p>	<p>Parallel Session 3b Partnerships for Self Management</p>	<p>Parallel Session 3c Improving measurement tools</p>	<p>Parallel Session 3d Telehealth Solutions</p>	
15.40	<p>Tu.05.01 Everyday ethics, self-management and help seeking in early rheumatoid arthritis: Illness actions in a Canadian Setting Presenter: Anne Townsend</p>	<p>Tu.06.01 Using Community Conversations to reduce AIDS Stigma: Exploring the role of Church groups in Eastern Zimbabwe Presenter: Mercy Nhamo</p>	<p>Tu.07.01 Cognitive Interviewing a method for validating a self-management abilities instrument for frail elderly Presenter: Lorraine Ritchie</p>	<p>Tu.08.01 Exploring Integration and adaptation to telehealth monitoring for diabetes: A qualitative investigation within a randomised controlled trial in the UK Presenter: Andy Bowen</p>	

16.05	<p>Tu.05.02 Shifting priorities in co-morbidity: The influence of health services on the lay prioritisation of multiple conditions in the North West of England <i>Presenter: Rebecca Morris</i></p>	<p>Tu.06.02 Partnering with Patients and Families to improve Self-Management Implementation: The New Health Partnerships Initiatives <i>Presenter: Judith Schaefer</i></p>	<p>Tu.07.02 Interim results of the German version of the Health Education Impact Questionnaire (heiQ) for evaluation of patient education outcome <i>Presenter: Monika Schwarze</i></p>	<p>Tu.08.02 Technology solutions for the self management of rehabilitation activities following a stroke <i>Presenter: Nasrin Nasr</i></p>
16.30	<p>Tu.05.03 What encourages people with long-term neurological conditions to undertake physical activity? <i>Presenter: Lisa Whitehead</i></p>	<p>Tu.06.03 Patients as Partners: British Columbia's approach to Self-Management <i>Presenter: Connie Davis</i></p>	<p>Tu.07.03 Psychometric Properties of the IPQ-R in Afro-Caribbean Patients with Type 2 diabetes <i>Presenter: Razak Abubakari</i></p>	<p>Tu.08.03 Anticipating "unhelpful" technologies: Exploring reasons for non-participation in a randomised controlled trial of telehealth and telecare interventions for supporting self care <i>Presenter: Caroline Sanders</i></p>

Day Two: Wednesday 12th May 2010

1130 – 13.10	Parallel Session 8a Supporting Self Management in marginalised groups	Parallel Session 8b Approaches to supporting Self-Management behaviours	Parallel Session 8c Professionals supporting Self-Management	Parallel Session 8d How illness is perceived and Self Management
11.30	W.01.01 Supported self care of heart conditions for people with learning disabilities <i>Presenter: Anita Young</i>	W.02.01 The usefulness of self management support tools as part of an early supported discharge pathway for patients with COPD <i>Presenter: Carol Nixon</i>	W.03.01 Understanding empowerment in the management of long-term conditions in primary care: Patient and practitioner perspectives <i>Presenter: Nicola Small</i>	W.04.01 Emotions in the Choice to Self Manage <i>Presenter: Sue Kirby</i>
11.55	W.01.02 Exploring the links between low literacy and poor health. A qualitative study of self-care and health service use among people with low literacy <i>Presenter: Phyllis Easton</i>	W.02.02 Follow up or no follow up? A feasibility study for an innovative support model of follow up in early breast cancer <i>Presenter: Jo Dent</i>	W.03.02 “We need to treat the patient as a whole person”: Primary care staff’s views on an intervention to support patients with multiple morbidities <i>Presenter: Rosaleen O’Brien</i>	W.04.02 Access to mental health in primary care: A qualitative meta-synthesis of evidence from the experience of people from “hard to reach” groups <i>Presenter: Jonathan Lamb</i>
12.20	W.01.03 Adapting to Aphasia: The development of a tool for comparing perspectives and enhancing the self management process <i>Presenter: Morag Place</i>	W.02.03 The Tandem practice model as a means to enhance self-care agency in leg ulcer patients <i>Presenter: Oliver Herber</i>	W.03.03 Supporting Self Care in the presence of multi-morbidity: The accounts of primary care professionals <i>Presenter: Peter Bower</i>	W.04.03 The impact of illness – Various ways of perceiving illness influences on self-management among people living with chronic disease <i>Presenter: Åsa Audulv</i>
12.45	W.01.04 Self management support of vulnerable populations: Evidence from a review on the perspective of elderly living alone with chronic conditions <i>Presenter: Joerg Haslbeck</i>	W.02.04 How patients and carers use and evaluate experiential health information in relation to decision making <i>Presenter: Emma France</i>	W.03.04 Supporting self-management of health in traditional acupuncture consultations: A qualitative observational study <i>Presenter: Charlotte Paterson</i>	W.04.04 Self-care at the margins of healthcare: “Malingering” and “self-neglecting” CF patients <i>Presenter: Daz Greenop</i>
13.10	Lunch			
15.10	Afternoon Tea			
15.40 -16.55	Parallel Session 10a Technologies for Self Management	Parallel Session 10b Participatory approaches to programme development	Parallel Session 10c Who benefits from Self Management solutions	Parallel Session 10d Social networks and social support
15.40	W.05.01 Incorporating Telecare into Everyday Lives and Illness Work <i>Presenter: Sue Kirk</i>	W.06.01 Whole of system approach to self-management support in rural Thailand <i>Presenter: Napaporn Wanitkun</i>	W.07.01 Predicting who will benefit from an Expert Patients Programme self-management course <i>Presenter: David Reeves</i>	W.08.01 Living with Long-term Conditions: Social Networks, types of work and Self-Care <i>Presenter: Christian Blickem</i>

16.05	<p>W.05.02 How Patients use telemetry enabled self monitoring to manage their own health</p> <p><i>Presenter: Janet Hanley</i></p>	<p>W.06.02 The effectiveness of the Chronic Disease Self-Management Program in British Columbia First Nations communities</p> <p><i>Presenter: Patrick McGowan</i></p>	<p>W.07.02 What factors influence patient engagement with the Expert Patients Programme course: Secondary analysis of data from a randomised control trial</p> <p><i>Presenter: Anne Kennedy</i></p>	<p>W.08.02 Perceived social support of patients having coronary artery bypass grafting surgery influence their own and their caregivers' mental health</p> <p><i>Presenter: Patricia Thomson</i></p>
16.30	<p>W.05.03 Talking Mats and Decision Making for People with Dementia and their Family Carers</p> <p><i>Presenter: Joan Murphy</i></p>	<p>W.06.03 Issues and possibilities for promoting health management among people with sight loss</p> <p><i>Presenter: Skye Hughes</i></p>	<p>W.07.03 Identifying the type of patients who are likely to respond to self-management (SM) programmes for chronic musculoskeletal (MS) pain</p> <p><i>Presenter: Clare Miles</i></p>	<p>W.08.03 Depressive symptoms in patients with heart failure influence their own and their caregivers' quality of life</p> <p><i>Presenter: Misook L Chung</i></p>

Day Three: Thursday 13th May 2010

10.00	Morning Refreshments			
10.20 – 11.35	Parallel Session 12a Self Management support in the clinical encounter	Parallel Session 12b Policy and systems to promote Self Management	Parallel Session 12c Effectiveness of lay-led programmes	Parallel Session 12d Participatory approaches to improving services
10.20	Th.01.01 Self-management support in clinical practice: Recent experiences of patients with chronic illness <i>Presenter: Mieke Rijken</i>	Th.02.01 Building Common Ground: An International Framework for bridging evidence, policy, and practice in the self-management of chronic conditions <i>Presenter: Sue Mills</i>	Th.03.01 Pilot randomised controlled trial of seven week, disease specific self management programme for patients with COPD: BELLA (Better Living with Long term Airways disease study) <i>Presenter: Stephanie Taylor</i>	Th.04.01 Speaking up about safety concerns: A qualitative study of patients' views and experiences <i>Presenter: Vikki Entwistle</i>
10.45	Th.01.02 An intervention to promote patient participation and self-management in long term conditions: Development and feasibility study <i>Presenter: Joanne Protheroe</i>	Th.02.02 Promoting Knowledge Exchange (KEx) on Self Management Support for individuals with Chronic Obstructive Pulmonary Disease (COPD) <i>Presenter: Sally Wyke</i>	Th.03.02 Does attending a Self-Management Programme lead to increases in patient activation among patients with long term health conditions? <i>Presenter: Andy Turner</i>	Th.04.02 Innovations in mental health as mediators of self care and recovery: Lessons from 11 projects <i>Presenter: David Pilgrim</i>
11.10	Th.01.03 Understanding the promotion and use of personal asthma action plans: What the qualitative evidence tells us <i>Presenter: Nicola Ring</i>	Th.02.03 Implementing Health Policy in Scotland: Promoting Self-Management Support for People with Long-Term Conditions <i>Presenter: Sarah Annesley</i>	Th.03.03 The long-term outcomes of a one-year internet-based self-management support programme compared with usual care in asthma. Additional follow-up 1½ year after a randomized trial. <i>Presenter: Jacob Sont</i>	Th.04.03 Evolution – the journey from patient to person, to citizen to community <i>Presenter: Lesley Hoyle</i>