

International Conference on Support for Self Management of Health

Stirling Management Centre, University of Stirling, Scotland. May 11th to May 13th 2010 www.2010icssmoh.com

For further information please contact Carol Anne Greenan on +44 (0) 1786 466392 or email enquiries@2010icssmoh.com

Day 1 – Tuesday 11th May

09.00 – 17.30					
Registration					
09.30 – 12.30	Optional Workshop 1. Comprehensive evaluation and quality monitoring of self-management support interventions: the heiQ system. Speaker: Richard Osborne <i>Deakin University, Melbourne</i>	Optional Workshop 2. Using the WISE approach to support self-management in primary care Speaker: Anne Kennedy <i>University of Manchester</i>	Optional Workshop 3. Self management programme design and delivery – ensuring quality using the Quality Self-management Assessment Framework (Q-SAF) Speaker: Tanya Packer, <i>Curtin Health Innovation Research Institute, Australia and Dalhousie University, Canada</i>	Optional Workshop 4. Co-producing health approach to supporting self management in consultations Speaker: Craig White <i>NHS Ayrshire and Arran</i>	Optional Workshop 5. Stories and experiences of health on the internet: a critical examination Speaker: Sue Ziebland, <i>Health Experiences Research Group, University of Oxford.</i>
12.30 – 13.30					
Lunch					
13.30					
Conference Opening and Welcome Addresses Speaker: Ian Simpson, <i>Depute Principal, University of Stirling</i>					
13.45					
Speaker: Nicola Sturgeon, <i>Scottish Government Minister for Health and Wellbeing</i>					
14.15 – 14.45					
Session 1: Plenary Health Literacy: The fundamental element for self-management support program design and evaluation Speaker: Professor Richard Osborne, <i>Deakin University, Melbourne</i>					
14.45 – 15.10 Session 2a.					
Abstract No:		Session 2: Parallel Session			
		a. Self Management programmes new and developing			
14.45	Tu.01.01	Delivery of Internet-based self-management courses for people with long-term conditions <i>Ian McNeil^{1,2}, ¹NCoA, Washington DC, USA, ²LTCAS, Glasgow, United Kingdom</i>			
15.10	Tu.01.02	PDS Scotland – Sleep Self Management Project <i>Anna Lynall, Andrew Sim, Parkinson's Disease Society, UK Wide, United Kingdom</i>			
14.45 – 15.10 Session 2b.					
		b. Self Management medication and outcomes			
14.45	Tu.02.01	Concordance of Self-Reported and Objectively Measured Medication Adherence in Heart Failure: Impact on Outcomes <i>Debra Moser, Jia-Rong Wu, Susan Frazier, Misook Chung, Terry Lennie, University of Kentucky, Lexington, Kentucky, USA</i>			
15.10	Tu.02.02	Medication Adherence, Marital Status and Outcomes in Heart Failure <i>Martha Biddle, Jia-Rong Wu, Terry Lennie, Debra Moser, University of Kentucky, Lexington, Kentucky, USA</i>			
14.45 – 15.10 Session 2c.					
		c. Content of Self Management programmes			
14.45	Tu.03.01	The Effectiveness of different components in self-management courses for chronic musculoskeletal pain <i>Kate Homer¹, Dawn Carnes¹, Clare Miles², Tamar Pincus², Martin Underwood³, ¹Barts and the London School of Medicine & Dentistry, London, United Kingdom, ²Royal, Holloway, University of London, Egham, Surrey, United Kingdom, ³Warwick Medical School, Coventry, United Kingdom</i>			
15.10	Tu.03.02	Outcome determinants for those with persistent musculoskeletal pain on self management programmes: A qualitative study <i>Dawn Carnes¹, Anna Volkmann², Geoff Harding³, Stephanie Taylor¹, ¹Barts and The London School of Medicine and Dentistry, London, United Kingdom, ²University College London, United Kingdom, ³Peninsular Medical School Devon, United Kingdom</i>			

14.45 – 15.10 Session 2d.		d. Engaging health care providers
14.45	Tu.04.01	AsSET (NHS Lothian, Astley Ainslie Psychological Skills and Education Training) <i>Lorna Torrens</i> , Leeanne Nicklas, Judy Scopes, Jane Kunkler, Louise Taylor, Lloyd Wallace, Grainne O'Brien, <i>NHS Lothian, Lothian, UK</i>
15.10	Tu.04.02	Engaging Health Care Providers to Recommend Community-based Self-Management Programs: Results from a Survey of Primary Care Practices in the USA <i>Teresa Brady</i> ¹ , <i>Simani Price</i> ² , <i>Colleen Ryan</i> ² , <i>Pamela Eidson</i> ³ , <i>Terry Savage</i> ² , ¹ <i>U.S. Centers for Disease Control and Prevention, Atlanta Georgia, USA</i> , ² <i>Westat, Rockville Maryland, USA</i> , ³ <i>Directors of Health Promotion and Education, Washington DC, USA</i>
15.25 – 15.40		Afternoon Refreshments Posters Open with presenters available for discussion
15.40 – 16.45 Session 3a		Session 3: Parallel Session a. Self Management Strategies
15.40	Tu.05.01	Everyday ethics, self-management and help seeking in early rheumatoid arthritis: Illness actions in a Canadian Setting <i>Anne Townsend</i> , Susan Cox, Linda Li, <i>University of British Columbia, Vancouver, Canada</i>
16.05	Tu.05.02	Shifting priorities in co-morbidity: The influence of health services on the lay prioritisation of multiple conditions in the North West of England <i>Rebecca Morris</i> , Caroline Sanders, Anne Kennedy, Anne Rogers, <i>NPCRDC, University of Manchester, Manchester, United Kingdom</i>
16.30	Tu.05.03	What encourages people with long-term neurological conditions to undertake physical activity? <i>Hilda Mulligan</i> ¹ , <i>Lisa Whitehead</i> ^{3,1} , <i>Leigh Hale</i> ¹ , <i>David Baxter</i> ¹ , <i>David Thomas</i> ^{2,1} <i>University of Otago, Dunedin, New Zealand</i> , ² <i>University of Auckland, Auckland, New Zealand</i> , ³ <i>University of Otago, Christchurch, New Zealand</i>
15.40 – 16.45 Session 3b		b. Partnerships for Self Management
15.40	Tu.06.01	Using Community Conversations to reduce AIDS Stigma: Exploring the role of Church groups in Eastern Zimbabwe <i>Mercy Nhamo</i> ^{1,2} , ¹ <i>Biomedical Research and Training Institute, Harare, Zimbabwe</i> , ² <i>London School of Economics, London, United Kingdom</i>
16.05	Tu.06.02	Partnering with Patients and Families to improve Self-Management Implementation: The New Health Partnerships Initiatives <i>Judith Schaefer</i> , <i>MacColl Institute, Group Health Cooperative, Seattle, Washington, USA</i>
16.30	Tu.06.03	Patients as Partners: British Columbia's approach to Self-Management <i>Connie Davis</i> ¹ , <i>Kelly McQuillen</i> ² , <i>Patrick McGowan</i> ³ , <i>Joyce Resin</i> ⁴ , <i>Carole Gillam</i> ⁵ , <i>Sue Mills</i> ⁶ , <i>Kimberley McEwan</i> ⁷ , <i>Liza Kallstrom</i> ⁸ , ¹ <i>Impact BC, Vancouver, BC, Canada</i> , ² <i>Primary Health Care, Medical Services Division, BC Ministry of Health Services, Victoria, BC, Canada</i> , ³ <i>University of Victoria, Centre on Aging, BC, Canada</i> , ⁴ <i>Healthy Heart Society of British Columbia, Vancouver, BC, Canada</i> , ⁵ <i>Vancouver Coastal Health, Vancouver, BC, Canada</i> , ⁶ <i>BC Centre of Excellence for Women's Health, School of Population and Public Health, University of British Columbia, Vancouver, BC, Canada</i> , ⁷ <i>Community and Primary Care Innovation, Canadian Mental Health Association, BC Division, Canada</i> , ⁸ <i>British Columbia Medical Association (BCMA) and the Practice Support Program, BC, Canada</i>
15.40 – 16.45 Session 3c		c. Improving measurement tools
15.40	Tu.07.01	Cognitive interviewing a method for validating a self-management abilities instrument for frail older people <i>Lorraine Ritchie</i> ¹ , <i>Mary-Jo Gagan</i> ^{1,2} , ¹ <i>University of Otago, Christchurch, New Zealand</i> , ² <i>University of Otago, Christchurch, New Zealand</i>
16.05	Tu.07.02	Interim results of the German version of the Health Education Impact Questionnaire (heiQ) for evaluation of patient education outcome <i>Monika Schwarze</i> ¹ , <i>Gunda Musekamp</i> ² , <i>Michael Schuler</i> ² , <i>Roland Kirchof</i> ¹ , <i>Inge Ehlebracht-König</i> ^{1,3} , <i>Sandra Nolte</i> ⁴ , <i>Richard Osborne</i> ⁵ , <i>Christoph Gutenbrunner</i> ¹ , <i>Hermann Faller</i> ^{2,1} <i>Hannover Medical School, Department of Rehabilitation Medicine, Coordination Centre for Applied Rehabilitation Research, Hanover, Germany</i> , ² <i>University of Würzburg, Institute for Psychotherapy and Medical Psychology, Division of Rehabilitation Sciences, Würzburg, Germany</i> , ³ <i>Rehab Centre Bad Eilsen, German Pension Insurance Brunswick-Hannover, Bad Eilsen, Germany</i> , ⁴ <i>Study Group on Dermatology Prevention e.V., c/o Centre for Dermatologie, Buxtehude, Germany</i> , ⁵ <i>School of Health and Social Development, Deakin University, Melbourne, Australia</i>
16.05	Tu.07.03	Psychometric Properties of the IPQ-R in Afro-Caribbean Patients with Type 2 Diabetes <i>Razak Abubakari</i> ¹ , <i>Martyn Jones</i> ¹ , <i>William Lauder</i> ² , <i>Alison Kirk</i> ³ , <i>John Anderson</i> ⁴ , <i>Senan Devendra</i> ^{5,1} <i>School of Nursing and Midwifery, University of Dundee, Dundee, United Kingdom</i> , ² <i>School of Nursing and Midwifery, University of Stirling, Stirling, United Kingdom</i> , ³ <i>Department of Sport, Culture & the Arts, University of Strathclyde, Glasgow, United Kingdom</i> , ⁴ <i>Homerton University Hospital, London, United Kingdom</i> , ⁵ <i>Brent Primary Care Trust, London, United Kingdom</i>
15.40 – 16.45 Session 3d		d. Telehealth Solutions

15.40	Tu.08.01	Exploring integration and adaptation to telehealth monitoring for diabetes: A qualitative investigation within a randomised controlled trial in the UK <i>Andy Bowen, Caroline Sanders, Anne Rogers, Helen Cording, The University of Manchester, Manchester, United Kingdom</i>
16.05	Tu.08.02	Technology solutions for the self management of rehabilitation activities following a stroke <i>Nasrin Nasr^{1,2}, Sue Mawson¹, Peter Wright¹, Silvia Torsi¹, Gail Mountain²,¹Sheffield Hallam University, Sheffield, South Yorkshire, United Kingdom,²University of Sheffield, Sheffield, South Yorkshire, United Kingdom</i>
16.05	Tu.08.03	Anticipating “unhelpful” technologies: Exploring reasons for non-participation in a randomised controlled trial of telehealth and telecare interventions for supporting self care <i>Caroline Sanders, Andrew Bowen, Anne Rogers, Helen Cording, National Primary Care Research and Development Centre, University of Manchester, Manchester, United Kingdom</i>
16.55 – 17.25		Session 4: Plenary Can Telehealth support Self-Management of long term conditions? Professor Stanton Newman, University College London, United Kingdom

Day 2 - Wednesday 12th May

07.45 – 08.45	Breakfast Discussion - Sharing your Thoughts on Advancing Self Management Support Research, Policy, and Practice: An International Framework and Potential Community of Practice - Dr. Sue Mills & Dr. Teresa Brady <i>Self management support is provided in a variety of ways and a variety of venues and differences exists across countries and disciplines. In June 2009, 23 researchers, policy makers, practitioners and consumers from 5 countries (United Kingdom, United States, Australia, New Zealand, and Canada) met in Vancouver, Canada to discuss the current state of self-management support (SMS) across our countries and to begin the processes of building a common language, and developing a Framework to strategically advance SMS research, policy & practice. That meeting was just the start of the framework development process. The purpose of this breakfast discussion is to describe the current status of the SMS Framework development process and to solicit input on plans for an external multi-country e-consultation process in the fall of 2010. We also hope to get feedback on the possibility of developing an online community of practice focused on SMS. We hope you will join us to share your ideas and thoughts about how we can collectively advance the SMS field!</i>	
08.00 – 17.00	Registration	
09.00	Session 5: Plenary Self-Management programmes from the voluntary sector: The Australian Experience Speaker: Professor Tanya Packer, Curtin Health Innovation Research Institute, Australia and Dalhousie University, Canada	
09.30	Session 6: Plenary Self-Management and the voluntary sector: The Scottish Experience Speaker: Susan Douglas Scott, Long Term Conditions Alliance, Scotland, United Kingdom	
10.00	Session 7: Plenary Co-Creating Health in the UK Speaker: Adrian Sieff, The Health Foundation, London, United Kingdom	
10.30 – 11.30	Morning Refreshments Posters Open with presenters available for discussion	
11.30 – 13.10 Session 8a		
11.30	W.01.01	Supported self care of heart conditions for people with learning disabilities <i>Anita Young¹, Thilo Kroll², Simon Naji¹,¹The Robert Gordon University, Aberdeen, United Kingdom,²University of Dundee, Dundee, United Kingdom</i>
11.55	W.01.02	Exploring the links between low literacy and poor health. A qualitative study of self-care and health service use among people with low

		<p>literacy <u>Phyllis Easton</u>^{1,2}, Vikki Entwistle¹, Brian Williams¹, ¹<i>Social Dimensions of Health Institute, Dundee, United Kingdom</i>, ²<i>NHS Tayside, Tayside, United Kingdom</i></p>
12.20	W.01.03	<p>Adapting to Aphasia: The development of a tool for comparing perspectives and enhancing the self management process <u>Morag Place</u>, Joan Murphy, Alex Gillespie, <i>University of Stirling, Stirling, United Kingdom</i></p>
12.45	W.01.04	<p>Self management support of vulnerable populations: Evidence from a review on the perspective of elderly living alone with chronic conditions <u>Joerg Haslbeck</u>¹, Ruth McCorkle², Doris Schaeffer¹, Andreas Büscher³, ¹<i>Bielefeld University School of Public Health, Bielefeld, Germany</i>, ²<i>Yale University School of Nursing, New Haven, United States</i>, ³<i>Institute for Nursing Science at Bielefeld University, Bielefeld, Germany</i></p>
11.30 – 13.10 Session 8b		b. Approaches to supporting Self Management behaviours
11.30	W.02.01	<p>The usefulness of self management support tools as part of an early supported discharge pathway for patients with COPD <u>Carol Nixon</u>, Ashley Stranigan, Hans Hartung, <i>NHS Ayrshire & Arran, Ayrshire & Arran, United Kingdom</i></p>
11.55	W.02.02	<p>Follow up or no follow up? A feasibility study for an innovative support model of follow up in early breast cancer <u>Jo Dent</u>¹, Veronica Allinson¹, Maxine McCoy², Stephanie Brayford², Carol Ferguson^{3,1}, Annie Topping^{4,1} <i>Calderdale and Huddersfield NHS Foundation Trust, Huddersfield, United Kingdom</i>, <i>Breast Cancer Care, Sheffield, United Kingdom</i>, <i>Yorkshire Cancer Network, Leeds, United Kingdom</i>, <i>University of Huddersfield, Huddersfield, United Kingdom</i></p>
12.20	W.02.03	<p>The Tandem practice model as a means to enhance self-care agency in leg ulcer patients <u>Oliver Herber</u>^{1,2}, ¹<i>University of Dundee, Dundee, United Kingdom</i>, ²<i>Witten/Herdecke University, Witten, Germany</i></p>
12.45	W.02.04	<p>How patients and carers use and evaluate experiential health information in relation to decision-making <u>Emma France</u>^{1,3}, Vikki Entwistle², Ruth Jepson¹, Sally Wyke¹, ¹<i>University of Stirling, Stirling, United Kingdom</i>, ²<i>University of Dundee, Dundee, United Kingdom</i>, ³<i>University of Edinburgh, Edinburgh, United Kingdom</i></p>
11.30 – 13.10 Session 8c		c. Professionals supporting Self-Management
11.30	W.03.01	<p>Understanding empowerment in the management of long-term conditions in primary care: Patient and practitioner perspectives <u>Nicola Small</u>, Joanne Protheroe, Peter Bower, Carolyn Chew-Graham, <i>University of Manchester, Manchester, United Kingdom</i></p>
11.55	W.03.02	<p>'We need to treat the patient as a whole person': Primary care staff's views on an intervention to support patients with multiple morbidities <u>Rosaleen O'Brien</u>¹, Sally Wyke², Bruce Guthrie³, Graham Watt¹, Maureen Johnson¹, Stewart Mercer, ¹<i>University of Glasgow, Glasgow, United Kingdom</i>, ²<i>University of Stirling, Stirling, United Kingdom</i>, ³<i>University of Dundee, Dundee, United Kingdom</i></p>
12.20	W.03.03	<p>Supporting self-care in the presence of multi-morbidity: The accounts of primary care professionals <u>Peter Bower</u>¹, Wendy Macdonald¹, Elaine Harkness¹, Tony Kendrick², Christine Bundy¹, ¹<i>University of Manchester, Manchester, United Kingdom</i>, ²<i>University of Southampton, Southampton, United Kingdom</i></p>
12.45	W.03.04	<p>Supporting self-management of health in traditional acupuncture consultations: A qualitative observational study <u>Charlotte Paterson</u>^{1,3}, Maggie Evans^{2,3}, Lesley Wye^{2,3}, ¹<i>Institute of Health Service Research, Peninsula Medical School, University of Exeter, Exeter, United Kingdom</i>, ²<i>Academic Unit of Primary Health Care, University of Bristol, Bristol, United Kingdom</i>, ³<i>South West Acupuncture Research Group, Somerset, United Kingdom</i></p>
11.30 – 13.10 Session 8d		d. How illness is perceived and Self Management
11.30	W.04.01	<p>Emotions in the Choice to Self Manage <u>Sue Kirby</u>, Sarah Dennis, Mark Harris, <i>Centre for Primary Health Care & Equity, NSW, Australia</i></p>
11.55	W.04.02	<p>Access to mental health in primary care: A qualitative meta-synthesis of evidence from the experience of people from 'hard to reach' groups <u>Jonathan Lamb</u>¹, Peter Bower¹, Anne Rogers¹, Christopher Dowrick², Linda Gask¹, ¹<i>University of Manchester, Manchester, United Kingdom</i>, ²<i>University of Liverpool, Liverpool, United Kingdom</i></p>
12.20	W.04.03	<p>The impact of illness - Various ways of perceiving illness influences on self-management among people living with chronic disease <u>Åsa Audulv</u>¹, Kenneth Asplund¹, Karl-Gustaf Norbergh^{2,1} <i>Mid Sweden University, Sundsvall, Sweden</i>, <i>Sundsvall Hospital, Sundsvall, Sweden</i></p>
12.45	W.04.04	<p>Self-care at the margins of healthcare: 'Malingering' and 'self-neglecting' CF patients <u>Daz Greenop</u>, Sheila Glenn, Derek Clifford, <i>Liverpool John Moores University, Liverpool, United Kingdom</i></p>

13.10 – 14.10		Lunch
14.10 – 15.10		Session 9: Panel Discussion Support for Self Management among marginalised groups Speakers: Thilo Kroll, Mhairi Mackenzie, Anne Rogers, chaired by Vikki Entwistle
		<p>This session will open with short presentations from our three panel members who will encourage us to consider how people who are often marginalised are offered appropriate support for self management. The presentations will highlight issues relating to the applicability of current conceptions of self-management and the accessibility of current forms of self-management support and methods for evaluating this for people with cognitive, communication and/or physical disabilities. They will explore the use made of social comparisons in initiatives such as the Expert Patient and Keep Well programmes, and consider the implications of these for social inequalities in health. We will then move to an open discussion – your opportunity to respond to the presentations and engage in conversation with the panel members. Come prepared to comment and ask questions!</p>
15.10 – 15.40		Afternoon Refreshments Posters Open with presenters available for discussion
15.40 – 16.55 Session 10		Session 10: Parallel Session a. Technologies for Self Management
15.40	W.05.01	Incorporating Telecare into Everyday Lives and Illness Work Anne Rogers ¹ , Susan Kirk ¹ , Claire Gately ¹ , Cath Exley ² , ¹ University of Manchester, Manchester, United Kingdom, ² Newcastle University, Newcastle, United Kingdom
16.05	W.05.02	How patients use telemetry enabled self monitoring to manage their own health Janet Hanley ^{2,3} , Brian McKinstry ¹ , Jenny Ure ² , Claudia Pagliari ¹ , Hilary Pinnock ¹ , Jennifer Waterton ³ , ¹ University of Edinburgh, Edinburgh, United Kingdom, ² Edinburgh Napier University, Edinburgh, United Kingdom, ³ NHS Lothian, Lothian, United Kingdom
16.30	W.05.03	Talking Mats and Decision Making for People with Dementia and their Family Carers Tracey Oliver, Joan Murphy, University of Stirling, Stirling, United Kingdom
15.40 – 16.55 Session 10		b. Participatory approaches to programme development
15.40	W.06.01	Whole of system approach to self-management support in rural Thailand Napaporn Wanitkun ¹ , Grit Leetongin ² , Panadda Subsanyakorn ³ , Pravitt Sriboonrat ³ , Viroj Virojanawat ⁴ , Somkiat Potisat ⁵ , Richard H Osborne ⁶ , ¹ Faculty of Nursing, Mahidol University, Bangkok, Thailand, ² National Health Security Office, Bangkok, Thailand, ³ Sakonnakhon Provincial Health Office, Sakonnakhon, Thailand, ⁴ Sawangdandin Hospital, Sakonnakhon, Thailand, ⁵ Institute of Medical Research and Technology Assessment, Ministry of Public Health, Nonthaburi, Thailand, ⁶ School of Health & Social Development, Deakin University, Burwood, Victoria, Australia
16.05	W.06.02	The Effectiveness of the Chronic Disease Self-Management Program in British Columbia First Nations communities Patrick McGowan ³ , June Clearsky, Linda Epp, University of Victoria, Centre on Aging, Delta, British Columbia, Canada
16.30	W.06.03	Issues and possibilities for promoting health management among people with sight loss Skye Hughes ¹ , Mima Cattam ² , ¹ Leeds Metropolitan University, Leeds, United Kingdom, ² Northumbria University, Newcastle, United Kingdom
15.40 – 16.55 Session 10		c. Who benefits from Self Management solutions
15.40	W.07.01	Predicting who will benefit from an Expert Patients Programme self-management course David Reeves, Catherine Fullwood, Anne Kennedy, Anne Rogers, National Primary Care R&D Centre, Manchester, United Kingdom
16.05	W.07.02	What factors influence patient engagement with the Expert Patients Programme course: Secondary analysis of data from a randomised controlled trial Mark Harrison, Catherine Fullwood, Anne Kennedy, Peter Bower, David Reeves, University of Manchester, Manchester, United Kingdom
16.30	W.07.03	Identifying the type of patients who are likely to respond to self-management (SM) programmes for chronic musculoskeletal (MS) pain Tamar Pincus ¹ , Clare Miles ¹ , Stephanie Taylor ¹ , Dawn Carnes ¹ , Martin Underwood ¹ , ¹ Department of Psychology, Royal Holloway, University of London, Surrey, United Kingdom, ² Department of Psychology, Royal Holloway, University of London, Surrey, United Kingdom
15.40 – 16.55 Session 10		d. Social networks and social support
15.40	W.08.01	Living with Long-Term Conditions: Social Networks, types of work and Self-Care Ivaylo Vassilev, Christian Blickem, The University of Manchester, NPCRDC, Manchester, United Kingdom

16.05	W.08.02	Perceived social support of patients having coronary artery bypass grafting surgery influence their own and their caregivers' mental health <i>Patricia Thomson¹, Gerard Molloy¹, Misook Chung², ¹University of Stirling, Stirling, United Kingdom, ²University of Kentucky, Lexington, Kentucky, United States</i>
16.30	W.08.03	Depressive symptoms in patients with heart failure influence their own and their caregivers' quality of life <i>Misook L. Chung, Debra Moser, Terry Lennie, Mary Kay Rayens, University of Kentucky, Lexington, Kentucky, United States</i>
19.00 – 19.30	Wine Reception with Scottish Fiddler	
19.30 – 21.00	Conference Dinner	
21.00 until late	Scottish Ceilidh with the Bella McNab Ceilidh band (clear instruction will be given for all who need it – have a whirl)	

Day 3 – Thursday 13th May

09.00 – 10.00	Session 11: Panel Discussion Facilitator: TBC Supporting Self Management in healthcare consultations Speakers: Jennifer Burns, Ross Grieve, David Reilly	
10.00 – 10.20	Morning Refreshments	
10.20 – 11.35 Session 12a.	Abstract No:	Session 12: Parallel Session
10.20	Th.01.01	a. Self Management support in the clinical encounter Self-management support in clinical practice: Recent experiences of patients with chronic illness <i>Mieke Rijken, Monique Heijmans, NIVEL - Netherlands institute for health services research, Utrecht, Netherlands</i>
10.45	Th.01.02	An intervention to promote patient participation and self-management in long term conditions: Development and feasibility testing <i>Joanne Protheroe, Tom Blakeman, Pete Bower, Carolyn Chew-Graham, Anne Kennedy, University of Manchester, Manchester, United Kingdom</i>
11.10	Th.01.03	Understanding the promotion and use of personal asthma action plans: What the qualitative evidence tells us <i>Nicola Ring¹, Caroline Wilson¹, Hilary Pinnock², Gaylor Hoskins³, Ruth Jepson¹, Sally Wyke¹, Aziz Sheikh², ¹University of Stirling, Stirling, United Kingdom, ²University of Edinburgh, Edinburgh, United Kingdom, ³University of Dundee, Dundee, United Kingdom</i>
10.20 – 11.35 Session 12b.		b. Policy and systems to promote Self Management
10.20	Th.02.01	Building Common Ground: An International Framework for Bridging Evidence, Policy, and Practice in the Self-Management of Chronic Conditions <i>Sue Mills^{1,2}, Richard Osborne³, Teresa Brady⁴, Anne Rogers⁵, Elizabeth Vanden⁶, ¹BC Centre of Excellence for Women's Health, Vancouver, Canada, ²School of Population and Public Health, University of British Columbia, Vancouver, Canada, ³School of Health and Social Development, Deakin University, Melbourne, Australia, ⁴National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention, Atlanta, United States, ⁵Primary Care Research Group, University of Manchester, Manchester, United Kingdom, ⁶Public Health Agency of Canada, Ottawa, Canada</i>
10.45	Th.02.02	Promoting Knowledge Exchange (KEx) on Self Management Support for Individuals with Chronic Obstructive Pulmonary Disease (COPD) <i>Sally Wyke¹, Thilo Kroll², ¹University of Stirling, Alliance for Self Care Research, Department of Nursing & Midwifery, Stirling, United Kingdom, ²University of Dundee, Alliance for Self Care Research, School of Nursing & Midwifery, Dundee, United Kingdom</i>
11.10	Th.02.03	Implementing Health Policy in Scotland: Promoting Self-Management Support for People with Long-Term Conditions <i>Sarah Annesley, Sally Wyke, Tom Forbes, University of Stirling, Stirling, United Kingdom</i>
10.20 – 11.35 Session 12c.		c. Effectiveness of lay-led programmes

10.20	Th.03.01	<p>Pilot randomised controlled trial of seven week, disease specific self management programme for patients with COPD: BELLA (Better Living with Long term Airways disease study) <u>Stephanie Taylor</u>, Ratna Sohanpal, Stephen Bremner, Angela Devine, Sandra Eldridge, Chris Griffiths, <i>Queen Mary University of London, United Kingdom</i></p>
10.45	Th.03.02	<p>Does attending a Self-Management Programme lead to increases in patient activation among patients with long term health conditions? <u>Andy Turner</u>, Louise Wallace, Alex Bishop, Joanna Kosmala-Anderson, Shilpi Sharma, <i>Applied Research Centre in Health & Lifestyle Interventions, Coventry University, Coventry, United Kingdom</i></p>
11.10	Th.03.03	<p>The long-term outcomes of a one-year Internet-based self-management support programme compared with usual care in asthma. Additional follow-up 1½ years after a randomized trial Patricia van Reizen, Willemijn Redelijkheid, Victor van der Meer, Moira Bakker, Pim Assendelft, <u>Jacob Sont</u>, <i>SMASHING Study Group, Leiden University Medical Center, Leiden, Netherlands</i></p>
10.20 – 11.35 Session 12d.		d. Participatory approaches to improving services
10.20	Th.04.01	<p>Speaking up about safety concerns: A qualitative study of patients' views and experiences <u>Vikki Entwistle</u>¹, Dorothy McCaughan², Ian Watt², Yvonne Birks², Jill Hall², Maggie Peat³, John Wright⁴, Brian Williams^{1,1}, <i>Social Dimensions of Health Institute, University of Dundee, Dundee, Scotland, United Kingdom, ²Department of Health Sciences, University of York, York, England, United Kingdom, ³Harrogate and District Foundation NHS Trust, Harrogate, England, United Kingdom, ⁴Bradford Institute for Health Research, Bradford, England, United Kingdom</i></p>
10.45	Th.04.02	<p>Innovations in mental health as mediators of self care and recovery: Lessons from 11 projects <u>David Pilgrim</u>¹, Helen Cording², Anne Rogers^{2, 1}, <i>University of Central Lancashire, Preston, United Kingdom, ²University of Manchester, Manchester, United Kingdom</i></p>
11.10	Th.04.03	<p>Evolution - the journey from patient, to person, to citizen to community <u>Lesley Hoyle</u>¹, Scott Francis³, Jacqui Pollock^{2, 1}, <i>Inspire to Aspire, Cleveland, United Kingdom, ²Expert Patient Programme CIC, Manchester, United Kingdom, ³Primary Care Trust NHS, Manchester, United Kingdom</i></p>
11.35 – 12.00		<p style="text-align: center;">Session 13: Plenary The role of images in information for Self-Management Speaker: Dr Brian Williams, <i>Social Dimensions of Health Institute, University of Dundee, Dundee, United Kingdom</i></p>
12.00 – 12.30		<p style="text-align: center;">Session 14: Plenary Making self care support work in the health service: the WISE approach Speaker: Anne Kennedy, <i>University of Manchester, Manchester, United Kingdom</i></p>
12.30		<p>Prizes for Posters Closing</p>
12.40		<p>Lunch</p>